



Gareth Jones

BSc(hons), MCSP, MAACP

Physiotherapist practising Sports Massage at Fortnocks Health Club, Kingswinford

Do you suffer from:

Muscular aches/pain/tension?

Lower back pain?

Stress?

or require post exercise/match muscles soreness relief?

Each session comprises:

Initial consultation/assessment

Sports massage (including variety of massage techniques, trigger point release, frictions)

PLUS After care advice!

Only £28 for a 40 minute session

discounts available on block bookings

**Contact Reception for Information and
Bookings or call Gareth on 07818 478 136**



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